

# PMP

## THREE MONTHS

# Study Plan

Designed by PMIC

**PREPARATION PERIOD:** FROM 20 JANUARY 2026 TO 20 APRIL 2026

### **Objective:**

You will pass the PMP® exam on your first attempt by strictly following this **12-WEEK** execution plan using only:

- ✓ PMIC PMP Slides
- ✓ Rita Mulcahy PMP Exam Prep Book (11th Edition)
- ✓ PMIC LMS Platform

**Minimum study time: 2 hours daily**

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**Note:** This plan is designed for those who have not yet studied the PMIC slides or the Rita Mulcahy book and have not yet started working on the PMIC LMS. Participants are required to follow this plan from the beginning and complete all sections mentioned in this document on the LMS.



## **PHASE 1 — FOUNDATION BUILDING:**

### **Weeks 1–2 | PMIC Slides Only**

Week	Dates	What You Will Do
<b>Week 1</b>	20 Jan – 26 Jan	<ul style="list-style-type: none"> <li>You will read PMIC PMP Slides every day.</li> <li>You will take short notes.</li> </ul>
<b>Week 2</b>	27 Jan – 02 Feb	<ul style="list-style-type: none"> <li>You will complete all remaining slides.</li> <li>You will strengthen PMI mindset.</li> <li>You must finish all PMIC slides by the end of this week.</li> </ul>

## **PHASE 2 — CORE MASTERY:**

### **Weeks 3–8 | Rita Book — 3 Complete Readings**

#### **🔄 Rita Cycle 1 — Concept Understanding**

Week	Dates	What You Will Do
<b>Week 3</b>	03 Feb – 09 Feb	<ul style="list-style-type: none"> <li>You will read Rita Chapters 1–6.</li> <li>You will focus on understanding concepts.</li> <li>You will complete chapter questions.</li> <li>You should write down difficult points.</li> </ul>
<b>Week 4</b>	10 Feb – 16 Feb	<ul style="list-style-type: none"> <li>You will read Rita Chapters 7–13.</li> <li>You will complete all chapter quizzes.</li> <li>You must finish your first full reading.</li> </ul>

#### **🔄 Rita Cycle 2 — Reinforcement & Exam Thinking**

Week	Dates	What You Will Do
<b>Week 5</b>	17 Feb – 23 Feb	<ul style="list-style-type: none"> <li>You will re-read Chapters 1–6 faster.</li> <li>You will focus on situational questions.</li> <li>You should identify your weak domains.</li> </ul>
<b>Week 6</b>	24 Feb – 02 Mar	<ul style="list-style-type: none"> <li>You will re-read Chapters 7–13.</li> <li>You will correct previous mistakes.</li> <li>You must complete second full reading.</li> </ul>

#### **🔄 Rita Cycle 3 — PMI Mindset & Final Mastery**

Week	Dates	What You Will Do
<b>Week 7</b>	03 Mar – 09 Mar	<ul style="list-style-type: none"> <li>You will read Chapters 1–6 as revision.</li> <li>You will focus on decision logic.</li> <li>You will strengthen Agile &amp; Hybrid concepts.</li> </ul>
<b>Week 8</b>	10 Mar – 16 Mar	<ul style="list-style-type: none"> <li>You will read Chapters 7–13.</li> <li>You will complete your third full reading.</li> <li>You must finish Rita book completely by end of this week.</li> </ul>

## PHASE 3 — EXAM DOMINATION:

### Weeks 9–12 | PMIC LMS Mastery

#### Week 9 — Agile + Waterfall + FastTrack

Week	Dates	What You Will Do
Week 9	17 Mar – 23 Mar	<ul style="list-style-type: none"> <li>You will complete agile, waterfall and FastTrack Questions from PMIC LMS.</li> <li>You will complete Rita FastTrack 11th Edition questions.</li> <li>You must review every wrong answer.</li> <li>You should refer back to Rita or Slides for every mistake.</li> </ul>

#### Week 10 — Victory Zone + Videos

Week	Dates	What You Will Do
Week 10	24 Mar – 30 Mar	<ul style="list-style-type: none"> <li>You will complete PMP Victory Zone questions.</li> <li>You will watch all PMP explanation videos.</li> <li>You must perform gap analysis.</li> <li>You should fix weak areas immediately.</li> </ul>

#### Week 11 — PMP Premier Membership

Week	Dates	What You Will Do
Week 11	31 Mar – 06 Apr	<ul style="list-style-type: none"> <li>You will complete PMP Premier Membership questions.</li> <li>You will analyze your domain-wise performance.</li> <li>You must revise weak domains using Rita &amp; Slides.</li> </ul>

#### Week 12 — Full Mock Exams + Gap Analysis

Week	Dates	What You Will Do
Week 12-13	07 Apr – 20 Apr	<ul style="list-style-type: none"> <li>You will attempt full-length mock exams.</li> <li>You must attempt each mock exam only once.</li> <li>You will use study mode.</li> <li>You will perform deep gap analysis.</li> <li>You will review every wrong question using Rita &amp; Slides.</li> </ul>

#### Exam Readiness Rule

After completing:

- ✓ Victory Zone
- ✓ PMP Premier Membership
- ✓ Full Mock Exams

If your **average score is above 75%** → You are ready for the PMP exam.

If your score is **below 75%** → You must contact me for recovery coaching.

#### Mock Exam Gap Analysis Method (Mandatory)

For every mock exam:

You will:

1. Attempt each quiz or mock exam only once under real exam conditions.
2. Review every incorrect question and read the explanation carefully.
3. Identify the real reason behind each mistake.

4. Revisit the related topic in Rita or PMIC slides.
5. Fix the knowledge gap with focused revision.
6. Move forward with better understanding and confidence.

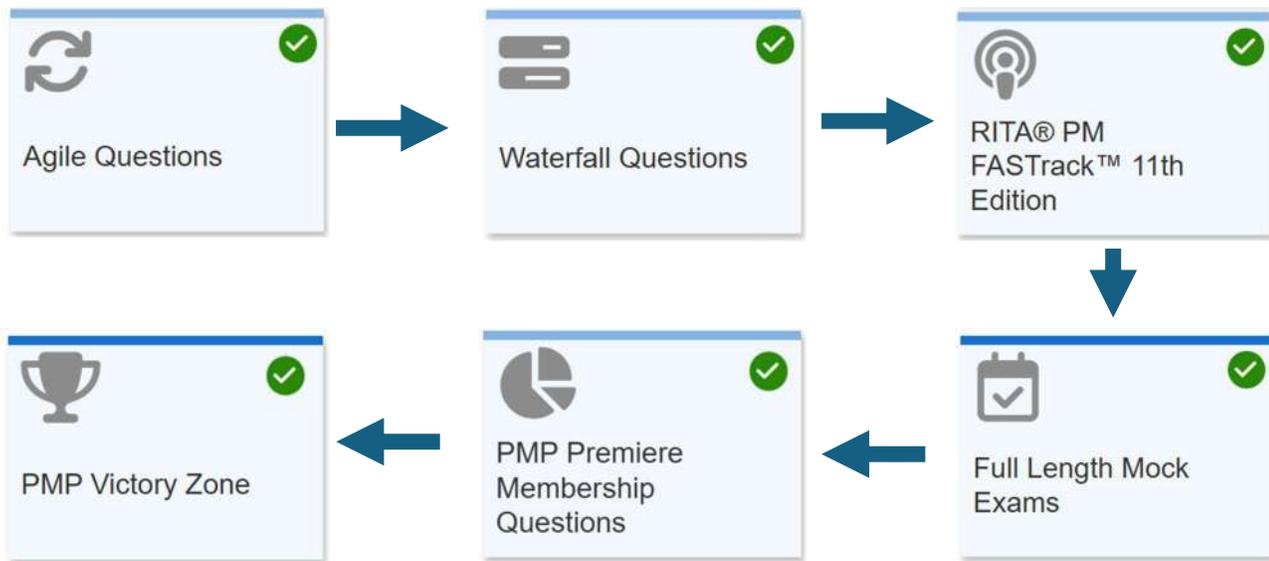
#### Rules:

- ✓ You will study every day
- ✓ You will not skip any week
- ✓ You will not mix resources
- ✓ You will follow the sequence strictly
- ✓ You will trust the process

### Final Commitment:

If you follow this plan with discipline, consistency, and seriousness,  
**you will pass the PMP® exam on your first attempt.**

#### LMS Learning Path:



21 - 30 April PMP Exam

**PMIC Message:** In July 2026, the PMP exam format and the PMP application process will completely change. It is very clear from the new ECO that the upcoming exam will be more difficult than the current format.

So, let's achieve this milestone in 2026. Let's influence our stakeholders through expert power. Let's clear the path for continuous improvement. Let's advance our careers.

PMIC is with you.

Thank you